Fortress Corporate Update

VANCOUVER, BRITISH COLUMBIA--(Marketwired - May 26, 2014) - Fortress Minerals Corp.("Fortress" or the "Company") (TSX VENTURE:FST.H) reports that it has granted an aggregate of 592,000 incentive stock options to certain officers, directors, and other eligible persons of the Company. The options are exercisable, subject to vesting provisions, over a period of five years at a price of \$3.75 per share.

On behalf of the Board of Directors,

Lukas Lundin, President and CEO

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

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